



**QUIDDITCH
AUSTRALIA**

Events First Aid Policy



Quidditch Australia's Events First Aid Policy

Event Requirements

1. Professional, registered first aid must be sought for all state, national, and major events such as tournaments.
 - a. In Victoria, providers must hold a Immediate First Aid Licence through the Department of Health.
 - b. Other states and territories do not have first aid licence requirements
2. Professional, registered first aid is highly recommended as the preferred first aid for all other events involving games.
 - a. Where this is not possible or reasonable, basic, voluntary first aid if acceptable. Only if it takes the form of a dedicated individual equipped with all necessary training and first aid kit
3. Basic, voluntary first aid is acceptable for club level events such as training and practices.

Policies

1. All persons who undertake duties to provide first aid (Professional, registered or Basic, voluntary) must have read, understood, and follow the following Quidditch Australia Policies:
 - a. Code of Conduct
 - b. Injury Policy
 - c. Concussion Policy
2. All players who have reported to first aid must have an injury report completed on the incident and this is to be submitted to the relevant State body and Quidditch Australia within 7 days.
3. All players who attend hospital due to an injury must have an injury report completed on the incident and this is to be submitted to the relevant State body and Quidditch Australia within 48 hours.

Definitions

1. Professional, registered first aid means either:
 - a. a professional external first aid service with sport experience including concussion management, spinal management, and injury prevention.
 - b. a dedicated, non-playing individual with advanced training in emergency medicine as a registered healthcare practitioner with relevant insurance who also possesses current Provide First Aid qualification (HLTAID003 or HLTAID011 in the last 3 years) and Provide Cardiopulmonary Resuscitation qualification (HLTAID001 or HLTAID009 in the last year)



- c. a dedicated, non-playing individual with sports first aid qualifications to SISSS00118 Sports Trainer Level 1 or equivalent and with dedicated insurance.
2. Basic, voluntary first aid means an individual with a minimum Provide First Aid qualification (HLTAID003 or HLTAID011 in the last 3 years) and Provide Cardiopulmonary Resuscitation qualification (HLTAID001 or HLTAID009 in the last year)
3. Dedicated means an individual who has been assigned to first aid who is not assigned to do anything else during the time that they are assigned to first aid including but not limited to: playing, refereeing, scorekeeping, sign in, tournament directing, etc.
4. Non-playing means an individual who is not involved with gameplay or organising at any point in which they are the dedicated first aid official.

First Aid Kits

1. First aid for all events must be equipped with at least a basic first aid kit as defined on Appendix 1.
2. In addition to the basic first aid kit, it suggested to add the following:
 - a. 4 x Instant ice pack (For the treatment of various bug bites or stings as well as soft tissue injuries)
 - b. 3 x 7.5 cm Conforming cotton bandage
 - c. 4 x 10x10 cm-sized injury pad/dressing
 - d. 1 x 25mm rigid sports tape
 - e. 1 x 38mm rigid sports tape



APPENDIX 1 – Basic First Aid Kit

- Instructions for providing basic first aid, including CPR
- A notebook and pen
- A pocket resuscitation mask or face shield
- 5 x pairs of disposable examination gloves
- Gauze pieces in seven and a half cm length, sterile (three per pack, and a minimum of five packs)
- 8 x bottles of saline solution (15 ml)
- 10 x injury cleaning wipes
- 1 x pack of 50 count fabric or plastic band aides (or other form of dressing strips)
- 10 x single use Splinter probes
- 1 x pair of tweezers or forceps
- 1 x bottle of 50 ml antibacterial spray or liquid (this helps to fight germs)
- 6 x small non-sticky injury dressing/pad (sized 5x5 cm)
- 1 x 10x10 cm-sized injury pad/dressing
- 3 x cotton bandages (5 cm-sized)
- 3 x 7.5 cm Conforming cotton bandage
- 1 x 10 cm Crepe bandage (for serious bleeding and pressure application)
- 1 x pair of scissors
- 1 x roll of hypoallergenic adhesive tape
- 1 x pack of six safety pins
- 1 x medium Blood Pressure Control dressing No. 14,
- 1 x large Blood Pressure Control dressing No. 15
- 1 x Dressing Combination Pad, sized 9 x 20 cm
- 10 x Plastic bag-clip seal
- 2 x triangular bandages (must be sized a minimum width 90 cm)
- 1 x emergency rescue blanket (for hypothermia or shock)
- 4 x single-use eye pads
- 10 x burn gel 3.5g
- 1 x Instant ice pack (For the treatment of various bug bites or stings as well as soft tissue injuries)