

## **Quidditch Australia First Aid Policy for Sanctioned Events**

Implemented July 1st, 2018

## **Event Requirements**

- 1. Professional, registered first aid must be sought for all state level games and major events such as tournaments.
- 2. Professional, registered first aid is highly recommended as the preferred first aid for all other events involving games. a. Where this is not possible or reasonable, basic, voluntary first aid if acceptable if, and only if, it takes the form of a dedicated individual equipped with all necessary gear including but not limited to a comprehensive first aid kit
- 3. Basic, voluntary first aid is acceptable for club level events such as training and practices.

## **Definitions**

- 1. **Professional, registered first aid** means either:
  - a. a professional external first aid service with sport experience such as Sports Medicine Australia
  - b. a dedicated, non-playing individual with advanced training in emergency medicine as a registered healthcare practitioner with relevant insurance who also possesses basic first aid certification
  - a dedicated, non-playing individual with sports first aid qualifications to a minimum of Level 1 Sports Trainer or equivalent and a membership to a relevant organisation and/or with dedicated insurance
- 2. **Basic, voluntary first aid** means an individual with a minimum HLTAID003 Apply First Aid certification completed within the last 3 years.
- 3. **Dedicated** means an individual who has been assigned to first aid who is not assigned to do anything else during that time including but not limited to: playing, refereeing, scorekeeping, sign in, tournament directing, etc
- 4. **Non-playing** means an individual who is not playing at any point over the duration of the event.



## **First Aid Kits**

- 1. First aid for all events must be equipped with at least a basic first aid kit.
- 2. A basic first aid kit must include wound care for scrapes and abrasions, compression bandages for wrists and ankles, a sling, and ice.